

## **SCHOONER MARTHA FOUNDATION**

### **Packing List**

#### **WHAT TO BRING: please pack your gear in a soft duffle bag, think light!**

Warm Jacket POLAR FLEECE IS THE BEST (DRIES QUICK)

Water proof jacket and pants (FOUL WEATHER GEAR)

1 pullovers/sweaters POLAR FLEECE

1-2 long sleeved shirts

T-shirts, capilene/polypropylene long underwear, under-garments, Socks

1-2 pairs of long pants

1-2 pairs of shorts

Swimsuit

**Boat shoes, only** if you have them

Walking/light hiking shoes

Warm hat and Gloves

Sun visor/baseball cap

Sun glasses

Personal toiletries (just the basics!)

Chapstick and sunscreen

Sleeping bag (pillows will be provided)

Small Towel

A few bucks for shore leave (showers, ice cream, etc.)

Water bottle with your name on it

Small day pack

Camera

**IF GOING INTO CANADIAN WATERS: MUST BRING COPY OF BIRTH CERTIFICATE OR PASSPORT ALONG WITH PERMISSION SLIP SIGNED BY GUARDIAN**

#### **WHAT NOT TO BRING:**

**GUM, CANDY OR SNACKS OF ANY KIND**

**DO NOT BRING MAGAZINES OR COMIC BOOKS UNLESS MARITIME RELATED**

**DO NOT BRING ALCOHOL, DRUGS, OR CIGARETTES**

**DO NOT BRING MAKE-UP, PERFUME, NAIL POLISH, HAIRSPRAY OR HAIR-DRYERS**

**DO NOT BRING ANY ELECTRONIC DEVICES (Camera's allowed and encouraged!)**